

SADA

NEWSLETTER

JAN 2025

Welcome to the new year!

Going into 2025 we are looking forward to continuing our mission in supporting all survivors of domestic abuse. We had a lovely end to the year and even had a visit from Santa and his elves to the SADA House Refuge. Everyone received gifts and food to help over the holiday season. We are very excited to see what 2025 brings for SADA and our survivors. Happy New Year!

What's been going on with SADA?

- Upcoming courses and drop in
- Refuge Activities
- 16 Days of Action 2024
- Important Updates

Courses and Drop In Services Available 2025

We have a number of face-to-face and virtual sessions taking place this year, as well as courses. Please see a list below, for any further information about these please contact SADA@stevenage.gov.uk.

- Stevenage face-to-face drop-in
- North Herts face-to-face drop-in
- Virtual drop-in
- You and Me Mum course
- CARE Workshops



16 Days of Activism 2024

For the 16 Days of Activism campaign 2024 SADA hosted the Echoes exhibition created by the fantastic Christopher James Hall. Through a combination of powerful imagery and deeply personal narratives, their mission is to unveil the pervasive nature of this issue and challenge the societal stigma that surrounds domestic abuse. We had a huge turn out from partners, Stevenage Borough Council staff and survivors. We continued to share the exhibition throughout our other locations.



Echoes'
Exhibition

Refuge Activities

- Baking cinnamon rolls and gingerbread
- Baking cupcakes
- Dog visit and football game
- Unicorn drawing
- Dog visit
- Christmas tree decorating
- Visit from Santa
- Mindful colouring
- Baking gingerbread biscuits
- Christmas colouring/craft
- Maths & activity sheets
- Design your own chocolate bar activity
- Decorating valentines biscuits
- Painting tiles

REFUGE UPDATE

Our wonderful accommodation team has been working hard to keep our residents entertained at our SADA House Refuge. They have completed a big list of activities and collaborated with some very generous external partners, to help make their stay a little easier. Including Love Grace who supplied a large amount of packed handbags and Glazed Creations supported us with art supplies for our painting tiles project.



North Hertfordshire Council White Ribbon Accreditation

North Herts Council has shown its commitment to helping stop violence against women by becoming White Ribbon Accredited.

As a White Ribbon Accredited organisation, North Herts Council will deliver a comprehensive multi-year plan to transform staff culture, systems and the wider community.

Cllr Val Bryant, North Herts Council's executive member for community, said: "I would like to thank SADA (Survivors Against Domestic Abuse) who have worked in partnership with us to help us achieve this status, which is an important step to ending violence against women and girls."



White Ribbon

REFUGE DOG VISITS!



We are very fortunate to be supported by Pets As Therapy, to have a therapy dog come and visit our SADA House Refuge. The support from our therapy dog is invaluable and offers comfort and lots of love to our refuge residents.



PETS AS
THERAPY