



SEND YOGIS CLC

Providing Yoga to the Neurodiverse and Disabled Community

Weekly Chair Class

Fridays - 09.45am
Symonds Green Community Centre*

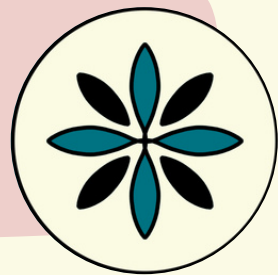


Weekly Kid's Class

Sundays - 10.00am
Fairlands Valley Park*



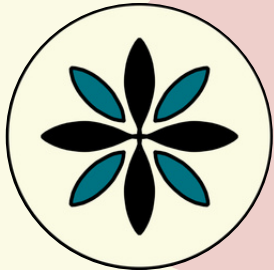
School Group Sessions



Community Social Mornings and Events



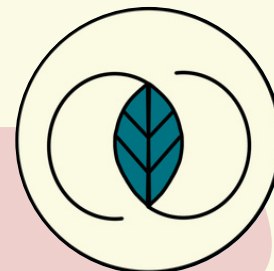
Private Group Sessions



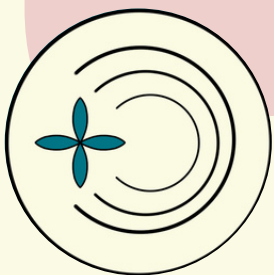
Yogic Coaching Sessions



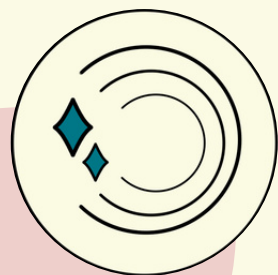
1:1 Sessions



Interactive Talks



Workshops



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*first class free!