Disability Hub For disabled people, their families and supporters **1st Tuesday of the Month**

15t Tuesday of the Month 12pm - 2pm Gook Retreat Stevenade





Next Sessions: December 3rd, February 4th, January 7th, March 4th

Coffee, Friendship, Conversation and Support Help with form filling and signposting

> For more details info@invis-Ability.org.uk www.invis-Ability.org.uk facebook.com/invisabilitycic WhatsApp: 07594 170073